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## ISMST Instructional Certification Course for Physiotherapists Vienna/Austria, November 3, 2021

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Organization: Daniel Moya, MD

Reviewers: Silvia Ramón, MD, Cristina D'Agostino, MD, Karin Freitag, MD,  
Prof. Karsten Knobloch, MD

Program: 08.00h – 17.45h

8:00 Introduction (W. Schaden/Austria, D. Moya/Argentina)	10'
8:10 Physical Principles (V. Auersperg/Austria)	20'
8:35 Biological Principles (W. Schaden/Austria)	20'
9:00 Basic Principles of Radial Pressure Wave Application (J. Eid/Brazil)	15'
9:20 <i>Demonstration of devices</i> (Representatives of the companies)	20'
9:45 Break	15'
10:00 Approved Standard Indications 1: Lateral Epicondylitis (S. Thiele/Germany)	15'
10:20 Approved Standard Indications 2: Greater Trochanteric Pain Syndrome (M. Ringeisen/Germany)	10'
10:35 Approved Standard Indications 3: Patellar tendinopathy (C. Leal/Colombia)	10'

10:50 Approved Standard Indications 4: Achilles Tendinopathy (C. d'Agostino/ Italy)	15'
11:10 Approved Standard Indications 5: Plantar Fasciitis (K. Freitag/ Spain)	15'
11:30 Empirically-Tested Indications 1: Rotator cuff tendinopathy without calcification (D. Moya/Argentina)	10'
11:45 <i>Workshop</i> (All instructors, all participants)	45'
12:30 Lunch Break	60'
13:30 Empirically-Tested Indications 2: Other tendinopathies (K. Knobloch/Germany)	10'
13:45 Empirically-Tested Indications 3: Myofascial Syndrome Empirically-Tested Indications (S. Thiele/Germany)	15'
14:05 Empirically-Tested Indications 4: Spasticity (T. Nedělka/Czech Republic)	10'
14:20 Empirically-Tested Indications 5: Cellulite (K. Knobloch/Germany)	10'
14:35 Future Potential of ESWT (K. Knobloch/Germany)	10'
15:50 Evidence on radial pressure waves (D. Moya/Argentina)	10'
16:05 Socio-Political and Economic Issues (R. Aranzabal/Spain)	10'
16:20 Break	15'
16:35 <i>Workshop</i> (All instructors, all participants)	40'
17:20 Multiple Choice Test	25'
After each presentation 5 Minutes of discussion	