



ISMST Instructional Certification Course for Physicians

Vienna/Austria, November 6, 2021

Organization: Daniel Moya, MD

Reviewers: Silvia Ramón, MD, Cristina D'Agostino, MD, Karin Freitag, MD,
Prof. Karsten Knobloch, MD

Program: 08.00h – 17.05h

8:00 Introduction (W. Schaden/Austria, D. Moya/Argentina)	10'
8:10 Physical Principles (V. Auersperg/Austria)	20'
8:35 Biological Principles (W. Schaden/Austria)	20'
9:00 Basic Principles of Shockwave Application (J. Eid/Brazil)	15'
9:20 <i>Demonstration of devices</i> (Representatives of the companies)	20'
9:45 Break	15'
10:00 Approved Standard Indications 1: Calcifying Tendinopathy of the Shoulder (L. Gerdesmeyer/Germany)	15'
10:20 Approved Standard Indications 2: Lateral Epicondylitis (S. Thiele/Germany)	15'
10:40 Approved Standard Indications 3: Greater Trochanteric Pain Syndrome (M. Ringeisen/Germany)	10'

10:55 Approved Standard Indications 4: Patellar tendinopathy (C. Leal/Colombia)	10'
11:10 Approved Standard Indications 5: Achilles Tendinopathy (C. d'Agostino/Italy)	15'
11:30 Approved Standard Indications 6: Plantar Fasciitis (K. Freitag/Spain)	15'
11:50 <i>Workshop</i> (All instructors, all participants)	40'
12:30 Lunch Break	60'
13:30 Empirically-Tested Indications (R. Aranzabal/Spain)	15'
13:50 Myofascial Syndrome (H. Müller-Ehrenberg/Germany)	15'
14:10 Bone Indications – Non unions (R. Mittermayr/Austria)	15'
14:30 Skin & Aesthetics Indications (K. Knobloch/Germany)	15'
14:50 Future Potential of ESWT (T. Nedělka/Czech Republic)	10'
15:05 ESWT Scientific Evidence (D. Moya/Argentina)	10'
15:20 Socio-Political and Economic Issues (R. Aranzabal/Spain)	10'
15:35 Break	15'
15:50 <i>Workshop</i> (All instructors, all participants)	40'
16:35 Multiple Choice Test	30'

After each presentation 5 Minutes of discussion