

**Dr. med.  
M. Cristina d'Agostino**



## Curriculum vitae

<b>Privacy:</b>	<p>Birth August 10th, 1966 in Milan (Italy).</p> <p>Hobbies for neurosciences, ice skating and fashion.</p> <p>Nationality: Italian</p> <p><b>Address (office):</b> Shock Waves Therapy and Research Unit – Rehabilitation Department (CCP – Building 8) Humanitas Research Hospital Via Manzoni 113, 20089 Rozzano (Milan) - Italy <a href="http://www.humanitas.it">www.humanitas.it</a></p> <p><b>Phone:</b> 0039 02 8224 7475 <b>Mobile:</b> 0039 342 0344005</p> <p><b>email:</b> <a href="mailto:info@cristinadagostino.it">info@cristinadagostino.it</a>; <a href="mailto:cristina.d'agostino@humanitas.it">cristina.d'agostino@humanitas.it</a></p>
<b>Education and career:</b>	<p>High School Diploma (classic studies) in 1985 with excellent marks.</p> <p>July 1991: Medicine and Surgery Graduation at Milan “Università degli Studi” (highest marks cum laude).</p> <p>November 1996: specialisation in Orthopaedics and Traumatology at Milan “Università degli Studi” (highest mark cum laude).</p> <p>November 1996 - March 2002: Specialist in Orthopaedics and Traumatology at the Orthopaedic Clinic of San Raffaele General Hospital, Milan (1<sup>st</sup> level clinical director) for surgery, shock wave therapy and research.</p> <p>April 2002 – March 2006: specialist in Orthopaedics and Traumatology in the Hand Surgery Unit (elective and emergency surgery), and Shock Wave Therapy Unit at Humanitas Research Hospital ( Milan).</p> <p>April 2006 – December 2009: Team leader of the Shockwaves Therapy Center at the Orthopaedics Clinic of Humanitas Research Hospital (Milan).</p> <p>Since January 2010 until now: Chief of the Shockwaves Therapy and Research Center at the Rehabilitation and Functional Recovery Department at Humanitas Research Hospital (Milan).</p>

	<p>Since July 2010 until July 2012: Director of the Shockwaves Therapy Center at Humanitas Gavazzeni Clinics, in Bergamo (Italy).</p>
<p><b>Personal skills and competences:</b></p>	<p>Her core interests have always been <b>Shock Wave Therapy (clinics and research), Regenerative Medicine, Sports Medicine and Functional Rehabilitation</b>, specifically applied to acute and chronic tendon and bone pathologies (also post-traumatic), both sport-related and not.</p>
<p><b>Scientific work:</b></p>	<p>Author of national and international relevant publications.</p> <p>Author of several chapters of monographic publications about orthopaedic medicine, shock waves and functional recovery.</p> <p>Yearly participation as invited speaker, invited chairman, or teacher to national and international Congresses and Courses, concerning her fields of interest (Shockwaves, Tissue Regeneration Medicine and Functional Recovery).</p> <p>Since April 2015 until now: Adjunct Professor at Humanitas University – Faculty of Medicine (Body Architecture Course – Upper and Lower Limb Anatomy).</p> <p>Until 2002: Tutor for the Course of Pathology of Locomotor System at the Faculty of Medicine and Surgery of the University “Vita e Salute” at S. Raffaele General Hospital (Milan).</p> <p>Since many years: member of the Managing Board of the Società Italiana Terapia Onde d’Urto (SITOD, <a href="http://www.sitod.it">www.sitod.it</a> , Italian Society of Shock Wave Therapy).</p> <p>Already member of the Advisory Board of the International Society for Medical Shockwave Treatment (ISMST), in July 2013 she has been elected President of the ISMST, until June 2014.</p> <p>After being ISMST Past President in the period June 2014 – April 2015, she is now Senator in the Advisory Board of the ISMST and Membership Secretary in the Managing Board of the ISMST.</p> <p>Member of the Editorial Board of the Newsletter of the International Society for Medical Shockwave Treatment.</p> <p>President of the VIII Congress of SITOD (Italian Society for Medical Shockwave treatment) (Milan, 27-29 September 2007)</p> <p>Member of the Organizing Committee of the XII International Congress of the ISMST (Sorrento, 2<sup>nd</sup> - 4<sup>th</sup> April 2009).</p> <p>Member of the Executive Board (Organizing Committee) of the XVIII International Congress of the ISMST (Mendoza, Argentina, April 2015).</p> <p>Scientific director of the 1<sup>st</sup> Advanced Course on the Application of Extracorporeal Shockwaves in Orthopaedics, Physiatry and Regenerative Medicine (Milan, 9<sup>th</sup> October 2010, 11<sup>th</sup> December 2010, 29<sup>th</sup> January 2011 and 19<sup>th</sup> March 2011).</p> <p>Scientific director of the Congress “I Tendini dalla A alla Z” (Tendons A to Z) (24-25 February 2012, Istituto Clinico Humanitas, Rozzano, Milan).</p> <p>Since 2010: member of the <i>peer reviewers’ panel</i> for the scientific magazine <i>Journal of Orthopaedics and Traumatology</i>.</p>

	<p>Since November 2011 until now: member of the <i>peer reviewers' panel</i> for the scientific magazine <i>MLTJ</i> (Muscles Ligaments and Tendons Journal).</p> <p>Since November 2011 until now: member of the Managing Board of the ISMuLT (Italian Society of Muscles Ligaments and Tendons) as Vice Chairman of the Biophysical Commission.</p>
<b>Extracorporeal shockwave therapy:</b>	<p>Since 1996, she has been involved in the field of shock wave therapy and research, in the beginning experience only with tendon pathologies indications and bone healing disorders; later on with some more specialized treatments, as those for bone vascular diseases, spastic hypertonia of different origins, acute and chronic wounds and ulcers, especially occurring after hand trauma and surgery.</p>

## Disclosure

<b>Conflict of interest statement</b>	<p>Dr. M. Cristina d'Agostino at the moment has not financial interests or conflicts with any company producing and trading devices for shockwave therapy.</p>								
<b>Used orthopaedic shockwave devices:</b>	<table> <tr> <td>Modulith SLK (Storz)</td> <td>(electromagnetic source)</td> </tr> <tr> <td>Ortho/DermaGold (TRT)</td> <td>(electrohydraulic source)</td> </tr> <tr> <td>Orthowave (MTS)</td> <td>(electrohydraulic source)</td> </tr> <tr> <td>Piezoclast (EMS)</td> <td>(piezoelectric source)</td> </tr> </table>	Modulith SLK (Storz)	(electromagnetic source)	Ortho/DermaGold (TRT)	(electrohydraulic source)	Orthowave (MTS)	(electrohydraulic source)	Piezoclast (EMS)	(piezoelectric source)
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