

ISMST Instructional Certification Course for Physiotherapists Vienna/Austria, June, 2021.

Organisation: Dr. Daniel Moya.
Reviewers: Dr. Silvia Ramón, Dr. Cristina d'Agostino, Dr. Karin Freitag
Program: 08.00h – 17.30h

Wednesday, June, 2021

ISMST Certification Course (ICC) for Physiotherapists

At the Head office of the Austrian Workers' Compensation Board (AUVA)
Address: Adalbert-Stifter-Straße 65

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| As of 07.30 | Registration and wake-up coffee |
| 08.00-08.10 | Introduction
Wolfgang Schaden, Austria
Daniel Moya, Argentina |
| 08.10-08.35 | Physical principles
Vinzenz Auersperg, Austria |
| 08.35-09.00 | Biological principles
Wolfgang Schaden, Austria |
| 09.00-09.20 | Basic principles of shockwave application
José Eid, Brazil |
| 09.20-09.45 | Demonstration of devices
Representatives of the companies |
| 09.45-10.00 | Coffee break |
| 10.00-10.20 | Approved standard indications 1: Lateral epicondylitis
Sergej Thiele, Germany |
| 10.20-10.35 | Approved standard indications 2: Greater trochanteric pain syndrome
Silvia Ramón, Spain |
| 10.35-10.50 | Approved standard indications 3: Patellar tendinopathy
Carlos Leal, Colombia |
| 10.50-11.10 | Approved standard indications 4: Achilles tendinopathy
Christina d'Agostino, Italy |

- 11.10-11.30 **Approved standard indications 5: Plantar fasciitis**
Karin Freitag, Spain
- 11.30-11.45 **Empirically-tested indications 1: Rotator cuff tendinopathy without calcification**
Daniel Moya, Argentina
- 11.45-12.30 **Workshop**
All instructors, all participants
- 12.30-13.30 **Lunch break**
- 13.30-13.45 **Empirically-tested indications 2: Other tendinopathies**
Karsten Knobloch, Germany
- 13.45-14.05 **Empirically-tested indications 3: Myofascial syndrome empirically-tested indications**
Silvia Ramón, Spain
- 14.05-14.20 **Empirically-tested indications 4: Spasticity**
Tomáš Nedělka, Czech Republic
- 14.20-14.35 **Empirically-tested indications 5: Cellulite**
Karsten Knobloch, Austria
- 14.35-15.50 **Future potential of ESWT**
Karsten Knobloch, Austria
- 15.50-16.05 **Evidence on radial pressure waves**
Kandiah Raveendran, Malaysia
- 16.05-16.20 **Socio-political and economic issues**
Jose Ramon Aranzabal, Spain
- 16.20-16.35 Coffee break
- 16.35-17.05 **Workshop**
All instructors, all participants
- As of 17.05 **Multiple choice test**

After each presentation 5 minutes of discussion