

# ISMST Instructional Certification Course for Physicians Vienna/Austria, June, 2021.

Organisation: Dr. Daniel Moya.  
Reviewers: Dr. Silvia Ramón, Dr. Cristina d'Agostino, Dr. Karin Freitag  
Program: 08.00h – 17.30h

## **Saturday, June, 2021**

### **ISMST Certification Course (ICC) for Physicians**

At the Head office of the Austrian Workers' Compensation Board (AUVA)  
Address: Adalbert-Stifter-Straße 65

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| As of 07.30 | <b>Registration and wake-up coffee</b>  |
| 08.00-08.10 | <b>Introduction</b><br>Wolfgang Schaden, Austria<br>Daniel Moya, Argentina                        |
| 08.10-08.35 | <b>Physical principles</b><br>Vinzenz Auersperg, Austria  |
| 08.35-09.00 | <b>Biological principles</b><br>Wolfgang Schaden, Austria   |
| 09.00-09.20 | <b>Basic principles of shockwave application</b><br>José Eid, Brazil                              |
| 09.20-09.45 | <b>Demonstration of devices</b><br>Representatives of the companies                               |
| 09.45-10.00 | <b>Coffee break</b>   |
| 10.00-10.20 | <b>Approved standard indications 1: Lateral epicondylitis</b><br>Sergej Thiele, Germany           |
| 10.20-10.35 | <b>Approved standard indications 2: Greater trochanteric pain syndrome</b><br>Silvia Ramón, Spain |
| 10.35-10.50 | <b>Approved standard indications 3: Patellar tendinopathy</b><br>Carlos Leal, Colombia            |
| 10.50-11.10 | <b>Approved standard indications 4: Achilles tendinopathy</b><br>Christina d'Agostino, Italy      |

- 11.10-11.30 **Approved standard indications 5: Plantar fasciitis**  
Karin Freitag, Spain
- 11.30-11.45 **Empirically-tested indications 1: Rotator cuff tendinopathy without calcification**  
Daniel Moya, Argentina
- 11.45-12.30 **Workshop**  
All instructors, all participants
- 12.30-13.30 **Lunch break**
- 13.30-13.45 **Empirically-tested indications 2: Other tendinopathies**  
Karsten Knobloch, Germany
- 13.45-14.05 **Empirically-tested indications 3: Myofascial syndrome empirically-tested indications**  
Silvia Ramón, Spain
- 14.05-14.20 **Empirically-tested indications 4: Spasticity**  
Tomáš Nedělka, Czech Republic
- 14.20-14.35 **Empirically-tested indications 5: Cellulite**  
Karsten Knobloch, Austria
- 14.35-15.50 **Future potential of ESWT**  
Karsten Knobloch, Austria
- 15.50-16.05 **Evidence on radial pressure waves**  
Kandiah Raveendran, Malaysia
- 16.05-16.20 **Socio-political and economic issues**  
Jose Ramon Aranzabal, Spain
- 16.20-16.35 Coffee break
- 16.35-17.05 **Workshop**  
All instructors, all participants
- As of 17.05 **Multiple choice test**

**After each presentation 5 minutes of discussion**